

STRENGTHEN CHANGE LEADERSHIP & ADAPTABILITY TO CHANGE - PUBLIC PROGRAMS



CONFIDENT CONVERSATIONS - TO SUPPORT A VALUES -BASED APPROACH TO CHANGE

(one-day program 8.45am - 4.00pm)

Whether you are leading a team or are a member of a team, conversations to support change can be uncomfortable. The ability to express what is important, to resolve conflict and align values and behaviours, also supports our resilience, particularly in times of change. This highly practical program provides tools, techniques and resources to:

- Lead with presence and be more resourceful for having important workplace conversations.
- Apply language with precision to start and frame a conversation to minimise defensive responses and resistance in others.
- Apply the language of collaboration to make requests of others in a range of change contexts including managing upwards and across, dealing with inappropriate behaviours, managing resistance to change, resolving conflict and providing feedback.

The group discussions and opportunity to learn and develop skills in framing and confident conversations will greatly support me in the workplace." Leigh Cantrell, Clinical Nurse Consultant, Darling Downs Hospital and Health Service

This one day course imparts a lot of information in a short time. I acquired multiple tools to use immediately." Tracey Irwin, Registered Nurse, Sunshine Coast Hospital and Health Service

This training will be of benefit in working with my team and having a great resource for confident conversations." Hayley Finger, Youth Team Leader, Anglicare

Incredibly beneficial for staff in leadership or seeking leadership positions." Manager, Youth Justice Services

ROCKHAMPTON 3 September



FACILITATING THE ENERGY AND MOMENTUM OF CHANGE (one-day program 8.45am - 4.00pm)

Change is dynamic and takes energy. And people respond to change differently which can present challenges in the workplace and in life. This practical program contains a range of contemporary tools to support participants, whether leading a team or a member of a team, in facilitating the energy and momentum of change. Acquire tools, techniques and resources to:

- Understand and manage the transitions of change and how each of us responds differently to change.
- Facilitate the energy and momentum of change in self and others through applying some of the key motivational drivers of change and overcome resistance to change.
- Recognise the power of and apply metaphors and supportive language to guide the change journey.
- Stimulate creative thinking to support innovation and solidification of change.

The Axes of Change activity was fantastic for enabling participants to immediately apply a practical change model which made all the difference. This coaching tool is brilliant and dynamic and works on many levels – it is not linear and shows how each axis can complement each other! Thank you for a super course. I will definitely recommend it to others."

Health Professional, Metro North Hospital and Health Service

I truly find your workshops so transferable and informative. I really enjoyed the practical content as my team is going through a lot of change at the moment." Jasmaine Nelson, Team Leader, Youth Justice Services

All clinical nurses/midwives should undertake course as part of leadership responsibility Nurse Unit Manager, Metro North Health

This training program allows you to apply your natural approach through a range of change models to obtain insights and identify practical actions for current change projects. An absolute investment for individuals and teams. Bronwyn Sinclair, Strategy & Senior Business Improvement Manager Cairns Regional Council

BRISBANE 25 July TOWOOMBA 21 August

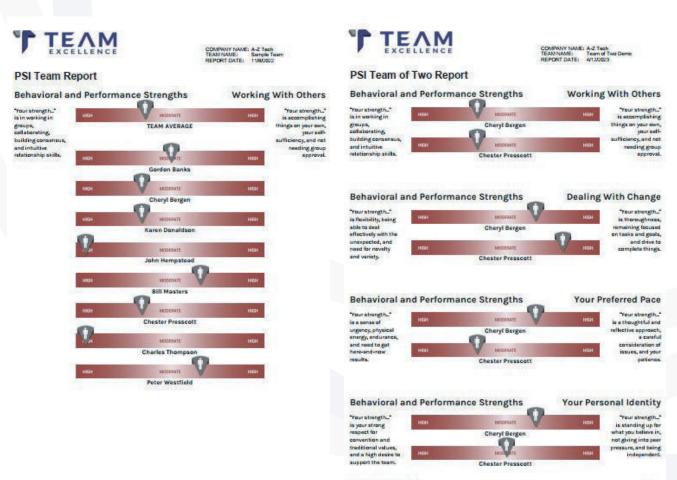
\$445 + GST (\$395 + GST earlybird)



STRENGTHEN CHANGE LEADERSHIP & ADAPTABILITY TO CHANGE

STRENGTHENING INTENTIONAL BEHAVIORS - special offer to strengthen workplace culture change

Included in our programs is our highly practical Personal Strengths Inventory (PSI). PSI, which is easily interpreted and uses non-judgmental language, measures intuitive behaviours and provides valuable insights into where to strengthen intentional behaviours to support workplace culture. Also available are comparative Team and Team of Two reports to harness strengths and synergize differences to build relational transparency and trust. These proprietary tools are also a key part of our award-winning Team Covenant Culture to build and sustain workplace cultures of relational transparency and trust.



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VENUES AND PROGRAM INVESTMENT

Brisbane – Riverside Hotel Southbank

Rockhampton – Rockhampton Leagues Club

Sunshine Coast – Sunshine Coast Health Institute Birtinya

Toowoomba – Blue Care Community Centre

Program Investment – \$445 + GST which includes course notes, morning and afternoon teas, lunch, Personal Strengths Inventory and 45 minute coaching session to provide PSI insights. An earlybird rate of \$395 + GST is available for registrations by 30 June 2024.

ABOUT INSPYR

Established in 2003, Inspyr has a focus on leading cultural change through strengthening intentional behaviours to support relational transparency and trust. Our intention is to inspire different thinking through building resilience, self-leadership and engagement, particularly in organisations experiencing pervasive and on-going organisational change, high expectations of stakeholders and accompanying levels of workplace stress.

Inspyr provides customised training and coaching programs and has delivered its services to Queensland Health (including to health services at Cairns, Townsville, Mackay, Sunshine Coast, Metro North, Metro South, and Darling Downs), Brisbane City Council, Cairns Regional Council, Mackay Regional Council, Gympie Regional Council, Gladstone Regional Council, Redland City Council, Gold Coast City Council, Ipswich City Council, Department of Resources, Office of State Revenue, Youth Justice Services, Child Safety, Queensland Rail, St Andrew's Hospital Toowoomba, Mercy Health and Aged Care CQ, Anglicare CQ, Uniting Care Community, Griffith University, University of Sunshine Coast, Access Community Housing, Victoria SES, ANZPAA, Australian Federal Police, Alphapharm, Cromwell, Local Search and Tamex Transport.

Our principal facilitators, Adam Scott and Dr Tammy Somerwil are internationally certified and benchmarked trainers and coaches in Neuro-Semantics and NLP and bring graduate and post-graduate qualifications in business, education and leadership. Adam and Tammy not only draw on extensive experience in training and coaching but also a wealth of practical experience working as leaders, managers and team members in a range of fields in the public, private and non for profit sectors including government, health practice management, transport, finance, international trade, recruitment & HR, education, IT and sales.

Our values are Awareness, Collaboration and Transformational Change.

Register Today!

Please complete the registration details below or visit **www.inspyr.com.au** to register via our Events page.

Title:	First Name:		Surname:	
Organisation:				
Position:				
Phone Number:		Mobile:		
Address:				
Email:				
Program Attending:				
Please advise if you have any special requirements (e.g. mobility etc.):				

Please return your registration to *adamscott@inspyr.com.au*.

A tax invoice and further program details will then be forwarded to you. For queries contact Adam Scott on 0421 935 950.